

Curriculum Vitae



Personal Data

First name: Malek

Family name: Fereidooni-Moghadam

Date of Birth: 23.09.1981

Place of Birth: Mamasani, Iran

Nationality: Iranian

Marital status: Married, two children

Work Address

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I. Education

Years	Degree	Institution	Location
2003	Bachelor of Science in Nursing	Jahrom University of Medical Sciences	Jahrom, Iran
2005	Master of Science in Psychiatric Nursing	Isfahan University of Medical Sciences	Isfahan, Iran
2013	Ph.D. in Psychiatric Nursing	Ahvaz Jundishapur University of Medical Sciences	Ahvaz, Iran

II. Professional experience

Years	Position	Institution	Location
2005-2008	Faculty Member	Abadan University of Medical Science	Abadan, Iran
2013-2017	Faculty Member	Ahvaz Jundishapur University of Medical Sciences	Ahvaz, Iran
2017-2022	Faculty Member	Isfahan University of Medical Sciences	Isfahan, Iran
2022 until now	Faculty Member	Shiraz University of Medical Sciences	Shiraz, Iran

III. Teaching experiences

Years	Course	University	Students
2005 until now	Psychology	Abadan, Ahvaz, Isfahan and Shiraz University of Medical Sciences	Bachelor of Science
2005 until now	Mental Health (1)	Abadan, Ahvaz, Isfahan and Shiraz University of Medical Sciences	Bachelor of Science
2005 until now	Mental Health (2)	Abadan, Ahvaz, Isfahan and Shiraz University of Medical Sciences	Bachelor of Science
2013 until now	Principles and Techniques of Nursing	Ahvaz University of Medical Sciences	Bachelor of Science
2013- until now	Psychiatric in Midwifery	Ahvaz University of Medical Sciences	Bachelor of Science
2013- until now	Group Therapy	Ahvaz and Isfahan University of Medical Sciences	Master of Science in Psychiatric Nursing
2013- until now	Adulthood Psychiatric Disorders	Ahvaz, Isfahan and Shiraz University of Medical Sciences	Master of Science in Psychiatric Nursing
2013- until now	Principles of Mental Health	Ahvaz and Isfahan University of Medical Sciences	Master of Science in Psychiatric Nursing
2013- until now	Psychiatric Disorders in the Elderly	Ahvaz and Isfahan University of Medical Sciences	Master of Science in Nursing
2013- until now	Research Methods	Ahvaz and Isfahan University of Medical Sciences	Master of Science in Nursing
2013- until now	Practical teaching method	Ahvaz University of Medical Sciences	Master of Science in Psychiatric Nursing
2013- until now	Nursing theories and models	Ahvaz University of Medical Sciences	Master of Science in Psychiatric Nursing
2013-2017	Psychopharmacology	Ahvaz University of Medical	Master of Science in Psychiatric

		Sciences	Nursing
2013-2017	Management in psychiatry	Ahvaz and Shiraz University of Medical Sciences	Master of Science in Psychiatric Nursing
2013- until now	Addiction nursing	Ahvaz, Isfahan and Shiraz University of Medical Sciences	Master of Science in Psychiatric Nursing
2013- until now	Ethics and law in nursing	Ahvaz and Isfahan University of Medical Sciences	Master of Science in Psychiatric Nursing
2019- until now	Sociology and psychology of accidents and disasters	Isfahan University of Medical Sciences	Master of Science in Emergency Nursing

IV. Honors and Awards

1. Top researcher of Faculty of Nursing, Abadan University of Medical Sciences in 2008.
2. Winner of several research grants in the Ahvaz and Isfahan University of Medical Sciences

V. Membership

- Member of the editorial board of Nursing Education and Ethics Journal - Jahrom University of Medical Sciences.
- Member of the Editorial Board of Jondishapor Journal of Chronic Disease Care (JJCDC) – Ahvaz Jondishapor University of Medical Sciences.
- Member of the editorial board of International Journal of Community Based Nursing and Midwifery - Shiraz University of Medical Sciences - Faculty of Nursing and Midwifery.
- Member of the Research Council of the Nursing and Midwifery Research Center of the Faculty of Nursing and Midwifery since 2016.
- Member of the Research Council of the Reproductive Science and Sexual Health Research Center of the Faculty of Nursing and Midwifery since 2018.

VI. Publications:

A. Dissertations

1. Experiences of youths about substance dependence
2. Designing and validation of the care model for patients with severe and persistent mental disorders.

B. Articles

1. M. Yazdani, **M.F. Moghadam**, M. Nasiri, A.R. Yazdannik. Experiences of youth about causes of substance dependency. *European Psychiatry* 2008, 23 (2): S324–S325.
2. Mehrnoosh Pazargadi, **Malek Fereidooni Moghadam***, Masoud Fallahi Khoshknab. Iranian Nurses' Experiences of Aggression in Psychiatric Wards: A Qualitative Study. *Issues in Mental Health Nursing* 2013, 34:765–771.
3. **Malek Fereidooni Moghadam**, Masoud Fallahi Khoshknab, Mehrnoosh Pazargadi. Psychiatric Nurses' Perceptions about Physical Restraint; A Qualitative Study. *IJCBNM* January 2014; 2 (1).

4. Mehrnoosh Pazargadi, **Malek Fereidooni Moghadam***, Masoud Fallahi Khoshknab, Kouros Zarea. Re-hospitalization Process of Patients with Severe and Persistent Mental Disorder from the Viewpoint of Nurses in the Psychiatric Wards: A Qualitative Study. *Jundishapur Journal of Chronic Disease Care*.2014;3(2): 64-71.
5. Mehrnoosh Pazargadi, **Malek Fereidooni Moghadam***, Masoud Fallahi Khoshknab . Therapeutic relationship in the shadow: The nurse's experiences about barriers of nurse-patient relationship in psychiatric ward. *Issues in Mental Health Nursing* 2015; 36 (7):
6. Shila Latifzadeh, Kouros Zarea* **Malek Fereidoni Moghadam**. Divorce Crisis Experience in Individuals Undergoing Infidelity (A Qualitative Study). *Indian Journal Of Natural Sciences* 2015; 5 (29): 3941-3952.
7. Amineh Asadinasab, Mahin Gheibizade* **Malek Fereidoni-Moghadam**. A study of food consumption pattern and obesity in female adollescents in Khoramshahr High School. *Jentashapir J Health Res*. 2016 June; 7(3):e30238.
8. Javad Akbarizadeh, Mahin Gheibizadeh, **Malek Fereidooni Moghadam**, Simin Jahani, Amal Saki Malehi. A survey of the knowledge and perceived barriers to prostate cancer screening among staff of Jundishapur University of Medical Sciences and Shahid Chamran University, Ahvaz, 2015. *Jundishapur J Chronic Dis Care*. 2016 July; 5(3):e31744.
9. Kouros Zarea, **Malek Fereidooni-Moghadam***, and Ashrafalsadat Hakim. Adherence to Medication Regimen in Patients with Severe and Chronic Psychiatric Disorders: A Qualitative Study. *Issues in Mental Health Nursing* 2016, 37:868–874.
10. Shahriar Salehi-tali, Fazlollah Ahmadi, Kouros Zarea* and **Malek Fereidooni-Moghadam**. Commitment to care: the most important coping strategies among family caregivers of patients undergoing hemodialysis. *Scand J Caring Sci* 2017;
11. Saraa Karampour, **Malek Fereidooni-Moghadam***, Kouros Zarea and Bahman Cheraghian The prevalence of death anxiety among patients with breast cancer. *BMJ Support Palliat Care* published online June 13, 2017.
12. Asadi, P., **Fereidooni-Moghadam, M***., Dashtbozorgi, B., Masoudi, R. Relationship Between Care Burden and Religious Beliefs Among Family Caregivers of Mentally Ill Patients. *Journal of Religion and Health*; 58(4), 2019.
13. Hajisabbagh, N., **Fereidooni-Moghadam, M***., Etemadifar, M. Coping strategies and their relationship with emotional intelligence in patients with epilepsy referred to Isfahan Epilepsy Society in 2017 *Epilepsy and Behavior*; 2019.
14. Sedaghat, S., Rostami, S., Ebadi, A., **Fereidooni-Moghadam, M**. Stressors in open-heart surgery patients: A qualitative study. *ARYA Atherosclerosis*, 2019.
15. Moghaddasifar, I., **Fereidooni-Moghadam, M***., Fakharzadeh, L., Haghghi-Zadeh, M.H. Investigating the effect of multisensory stimulation on depression and anxiety of the elderly nursing home residents: A randomized controlled trial *Perspectives in Psychiatric Care*; 2019.
16. Babadi, H., **Fereidooni-Moghadam, M***., Dashtbozorgi, B., Cheraghian, B. Investigating Psychosocial Causes of the Tendency for Facial Cosmetic Surgery. *Aesthetic Plastic Surgery*; 2018.
17. Salehitali, S., Ahmadi, F., Hasanpour Dehkordi, A., (...), **Fereidooni-Moghadam, M***., Zarea, K. Progressive exhaustion: A qualitative study on the experiences of

- Iranian family caregivers regarding patients undergoing hemodialysis. *International Journal of Nursing Sciences*; 2018.
18. Zarea, K., **Fereidooni-Moghadam, M***, Baraz, S., Tahery, N. Challenges Encountered by Nurses Working in Acute Psychiatric Wards: A Qualitative Study in Iran. *Issues in Mental Health Nursing*; 2018.
 19. Karampour, S., **Fereidooni-Moghadam, M***, Zarea, K., Cheraghian, B. The prevalence of death anxiety among patients with breast cancer. *BMJ Supportive and Palliative Care*, 2018.
 20. S Ghelich-Khani, A Kazemi, **M Fereidooni-Moghadam***, M Alavi. A mental health program for infertile couples undergoing oocyte donation: protocol for a mixed methods study. *Reproductive health* 17 (1), 1-5; 2020.
 21. N Hajisabbagh, **M Fereidooni-Moghadam***, R Masoudi, M Etemadifar. The effect of an emotional intelligence component program on happiness in patients with epilepsy. *Epilepsy & Behavior* 106, 106972, 3, 2020.
 22. SZ Aemmi, E Mohammadi, H Heidarian-Miri, **M Fereidooni-Moghadam**. The effectiveness of bright light exposure in shift-worker nurses: A systematic review and meta-analysis. *Sleep Science* 13 (2), 145 2, 2020.
 23. B Cheraghian, **M Fereidooni-Moghadam***, H Babadi, B Dashtbozorgi. Psychological and Personality Characteristics of Applicants for Facial Cosmetic Surgery. *Aesthetic plastic surgery*, 1-8, 1; 2020.
 24. P Asadi, **M Fereidooni-Moghadam***, B Dashtbozorgi, R Masoudi. Relationship Between Care Burden and Religious Beliefs Among Family Caregivers of Mentally Ill Patients. *JOURNAL OF RELIGION & HEALTH* 58 (4), 1135-1135, 2019.
 25. S Sedaghat, S Rostami, A Ebadi, **M Fereidooni-Moghadam**. Stressors in open-heart surgery patients: A qualitative study. *ARYA atherosclerosis* 15 (4), 192, 4, 2019.
 26. S Karampour, **M Fereidooni Moghadam***, K Zarea, R Masoudi. Evaluation of Happiness in Breast Cancer Patients Referring to Hospitals in Ahvaz, Iran. *Jundishapur Journal of Chronic Disease Care* 8 (2), 2019
 27. N Hajisabbagh, **M Fereidooni-Moghadam***, M Etemadifar. Coping strategies and their relationship with emotional intelligence in patients with epilepsy referred to Isfahan Epilepsy Society in 2017. *Epilepsy & Behavior* 92, 200-205, 7; 2019.
 28. S Sedaghat, A Ebadi, S Rostami, **M Fereidooni-Moghadam**. Development and Psychometric Evaluation of Cardiac Surgery Stressors Inventory: A Mixed Method Study in an Iranian Context. *Iranian Red Crescent Medical Journal* 21 (1); 2019.
 29. Khosravi F, **Fereidooni-Moghadam* M**, Mehrabi T, Moosavizade, S.R. The Effect of a Spirituality-Based Program on Stress, Anxiety, and Depression of Caregivers of Patients with Mental Disorders in Iran. *Journal of Religion and Health*, 61 (1), 93-108, 2021.
 30. A Marzban, **M Fereidooni- Moghadam***, S Ghezelbash. The relationship between spiritual intelligence and resilience in family caregivers of patients with chronic mental disorders. *Perspectives in Psychiatric Care*, 2022.
 31. SZ Aemmi, E Mohammadi, **M Fereidooni-Moghadam**, K Zarea, H Boostani, Sleep management experiences of shift-working nurses: A grounded theory study. *Collegian*, 2022.
 32. S Ghelich-Khani, A Kazemi, **M Fereidooni-Moghadam***, M Alavi. Psycho-social

- experience of oocyte recipient women: a qualitative study. *BMC Women's Health* 21 (1), 1-8, 2021.
33. S Ghelich-Khani, A Kazemi, **M Fereidooni-Moghadam**, M Alavi. A mental health program for infertile couples undergoing oocyte donation: protocol for a mixed methods study. *Reproductive Health* 17 (1), 1-5, 2020.
34. M Motioleslami, **M Fereidooni-Moghadam***, A Yazdannik, M Etemadifar. Investigation of Resilience in Patients with Epilepsy Referred to Medical Centers in Isfahan in 2021. *Jundishapur Journal of Chronic Disease Care* 11 (4) 2022.
35. Dehbozorgi, R., **Fereidooni-Moghadam***, M., Shahriari, M., Moghimi-Sarani, E. Barriers to family involvement in the care of patients with chronic mental illnesses: A qualitative study. *Frontiers in Psychiatry* 2022, 13, 995863.
36. M Shaygan, A Jaberi, FA Hosseini, M Fereidooni Moghadam. How to prepare nursing students for mental health clinical engagement: a qualitative study. *BMC Medical Education* 23 (1), 1-11, 2023.
37. P Hassanvand, **M Fereidooni-Moghadam**, A Jamalinasab, SR Mousavi. The Evaluation of Treatment Adherence and Its Association with Perceived Social Support in Patients with Mood Disorders in Hospitals Affiliated with Isfahan University of Medical Sciences. *Jundishapur Journal of Chronic Disease Care* 12 (3), 2023.
38. R Dehbozorgi, **M Fereidooni-Moghadam**, M Shahriari, E Moghimi-Sarani. Family-centered collaborative care for patients with chronic mental illness: a narrative literature review. *European Psychiatry* 66 (S1), S1083-S1084, 2023.
39. R Dehbozorgi, **M Fereidooni-Moghadam**, M Shahriari, E Moghimi-Sarani. Development of a clinical guideline for family-centered collaborative care in patients with chronic mental disorders. *European Psychiatry* 66 (S1), S891-S891, 2023.
40. R Dehbozorgi, **M Fereidooni-Moghadam**, M Shahriari, E Moghimi-Sarani. A quality assessment of clinical practice guidelines with recommendations for family involvement in the care of individuals diagnosed with schizophrenia, bipolar mood disorder. *Frontiers in Psychiatry* 13, 1065129, 2023.
41. B Hamedani, M Alavi, F Taleghani, **MF Moghadam**. Requirements for promoting help-seeking behaviors in family caregivers of cancer patients: A qualitative study. *Journal of education and health promotion* 12; 2, 2023.
42. R Dehbozorgi, M Shahriari, **M Fereidooni-Moghadam**, E Moghimi-Sarani. Family-centered collaborative care for patients with chronic mental illness: A systematic review. *Journal of Research in Medical Sciences: The Official Journal of Isfahan University of Medical Sciences*. 2023.

43. S Latifzadeh, K Zarea, H Komaili-Sani, **M Fereidooni-Moghadam**. A qualitative study of the experience of touching betrayal and the strategies chosen by the betrayed person. *International Journal of Epidemiology and Health Sciences* 3 (12), 2023.

C. Books

- 1.

VII. Presentations in Congress

- Presenting an article at the Syma Salamat conference in the Islamic world (December 21-22, 2016). 1385; Esfahan.
- Presenting an article at the National Conference on Addiction, Poisoning and Nursing Care (Khorasan Razavi University of Medical Sciences and Health Services - November 5-7, 2019).
- Participation in the National Chronic Care Congress - Jundishapur University of Medical Sciences, Ahvaz - 2019).
- Presentation of the paper at the international telemedicine conference, March 2-4, 2022, Isfahan, Iran.
- Presenting an article at the National Conference on Improving Individual, Family and Community Health, 5th and 6th of Bahman 2022, Isfahan, Iran

VIII. Thesis Supervision and Advisement

Years	Student	Title of Dissertation	Role	School/University
2013	Iman Maqdisi Far	Investigating the effect of multisensory stimuli on the memory status of elderly residents of Ahvaz nursing home	Advisor	Abadan University of Medical Sciences
2013	Sheila Latifzadeh,	Explaining the experiences of spouses suffering from infidelity	Advisor	Ahvaz Jundishapur University of Medical Sciences
2014	Hadis Babadi	Investigation of personality traits, mental health and psychosocial causes of the tendency to perform facial cosmetic surgery in patients who refer to the medical centers of Ahvaz in 2014	Supervisor	Ahvaz Jundishapur University of Medical Sciences

2015	Javad Akbari	Using health belief model constructs in predicting prostate cancer screening behaviors among employees of Ahvaz universities.	Supervisor	Ahvaz Jundishapur University of Medical Sciences
2015	Amina Asadi Nasab	Studying the effect of an educational program based on the health promotion model on the nutritional behaviors of female high school students in Khorramshahr city.	Supervisor	Ahvaz Jundishapur University of Medical Sciences
2016	Sara Karampour	Investigating the relationship between happiness and life expectancy with death anxiety in breast cancer patients referred to Imam Khomeini Hospital, Ahvaz in 2015	Supervisor	Ahvaz Jundishapur University of Medical Sciences
2016	Parisa Asadi	Investigating the relationship between spiritual experiences and caregiving burden, anxiety and depression of families with mental disorders hospitalized in the psychiatric departments of Ahvaz in 2015	Supervisor	Ahvaz Jundishapur University of Medical Sciences
2016	Shahriar Salehi Tali	Explanation of adaptation process in home caregivers of hemodialysis patients and presentation of a suitable model.	Advisor	Ahvaz Jundishapur University of Medical Sciences
2018	Sohaila Sedaghat	Explanation of stressful components in open heart surgery patients: design and psychometrics of tool	Advisor	Ahvaz Jundishapur University of Medical Sciences
2019	Mehrnaz Moradi	Explaining the presence of men in nursing in Iran: A historical survey in the last century 2018	Advisor	Ahvaz Jundishapur University of Medical Sciences
2019	Seyedah Zahra Amami	The sleep management process in nurses on the rotation shift and	Advisor	Ahvaz Jundishapur University of Medical Sciences

		presentation of the care program		
2018	Nilofar Haji Sabbagh	Investigating the effect of a program based on emotional intelligence components on coping strategies and happiness of patients with epilepsy who referred to Masih Epilepsy Clinic in Isfahan in 2016	Supervisor	Isfahan University of Medical Sciences
2019	Fatemeh Khosravi	Investigating the effect of a program based on spirituality on stress, anxiety, depression and the burden of family caregivers of patients with mental disorders referring to selected educational and treatment centers in Isfahan in 2017	Supervisor	Isfahan University of Medical Sciences
2020	Mahdieh Hadian Niaser	Investigating the impact of a program based on positivity skills on resilience and life satisfaction of families with psychiatric disorders hospitalized in selected treatment centers of Isfahan University of Medical Sciences in 2018	Supervisor	Isfahan University of Medical Sciences
2022	Moin Motialesalami	Investigating the relationship between self-esteem and resilience with adherence to medication regimen in patients with epilepsy who referred to selected centers in Isfahan city in 2019	Supervisor	Isfahan University of Medical Sciences
2022	Arash Marzban	Investigating the relationship between spiritual intelligence and resilience and coping strategies of family caregivers of patients with	Supervisor	Isfahan University of Medical Sciences

		chronic mental disorders who referred to selected psychiatric centers in Isfahan city in 2019		
2022	Sara Ghanbari	Investigating the relationship between self-compassion and parenting anxiety and stress of children with autism spectrum disorder referred to selected centers in Isfahan city in 2019	Supervisor	Isfahan University of Medical Sciences
2021	Shohreh Qalichkhani	Designing and psychometric questionnaire of psychological needs of infertile couples receiving donated oocyte.	Supervisor	Isfahan University of Medical Sciences
2022	Behzad Hamdani	Design and implementation of an intervention program to improve the help-seeking behavior of family caregivers of cancer patients: A combined interventional study	Advisor	Isfahan University of Medical Sciences
2023	Razie Dehbozorgi	Compilation of clinical guidelines for providing family-centered collaborative care in patients with chronic mental disorders referring to medical centers.	Supervisor	Isfahan University of Medical Sciences

IX. Research interests

- Severe and chronic mental disorders (schizophrenia, depression, bipolar disorders)
- Caregivers of patients with severe and chronic mental disorders
- Disorders related to substance use (addiction and substance abuse)

X. Language Skills

- Farsi (Persian): First language
- English: Reading, Writing, Listening, and Talking